

Why Choose Waterbirth?

Known benefits of water labor and waterbirth (from waterbirth.org)

- Facilitates mobility and enables the mother to assume any position which is comfortable for labor and birth
- Speeds up labor
- Reduces blood pressure
- Gives mother more feelings of control
- Provides significant pain relief
- Promotes relaxation
- Conserves her energy
- Reduces the need for drugs and interventions
- Gives mother a private protected space
- Reduces cesarean section rates
- Is highly rated by mothers - typically stating they would consider giving birth in water again
- Is highly rated by experienced providers
- Encourages an easier birth for mother and a gentler welcome for baby



Why Birth Pool in a Box?

- Internal depth of 26" - water depth of 23"
- The Regular is big enough for two people
- Three independent wall chambers for increased safety and adjustable height
- Patented form-fitting disposable liners
- Made without phthalates, which have been linked to fertility problems, and is free from lead and cadmium. Better for the environment, better for you and your baby.
- Includes disposable liner for enhanced safety. One disposable liner is included with each pool and additional liners are available. Using a liner also means two "containers" for the water, giving added protection against the unlikely event of a water leak.
- Double-reinforced handles Mothers requested strong handles on the outside of the pool for use when leaning on the side facing out. They are angled at 30 degrees for comfort and secure the form-fitted disposable liner in place. Study enough for birth partner and midwives to support from any position.
- Once the pool is filled, the sides are sturdy enough for a 210 lb (95.5kg) person to sit on the side without collapsing it. There is also plenty of room in the Regular pool for the partner to join the mother.

What Makes Our Birth Pool in a Box Even Better?

Our kit includes everything you need in one stop!

- Birth Pool In A Box is made for heavy use. A thicker plastic mil provides extra protection AND there is the unique feature of an extra thick piece of material on the very bottom of the pool. This prevents any leaks or drips coming from the floor of the pool. The extra padding also makes it more comfortable.
- Disposable Liner for enhanced safety. A new liner for birth is a necessity from a hygiene perspective. Using a liner also means two "containers" for the water, giving added protection against the unlikely event of a water leak.
- Electric pump for easy inflation and deflation.
- Drinking Water Safe hose for filling the pool without the worry of harmful chemicals.
- Faucet Adapters make it easy to connect the hose to your bathroom or kitchen faucet.
- Electric submersible pump makes draining fast and easy.
- A separate hose is included for draining to insure that your filled pool is clean and sanitary.
- A plastic tarp protects your floor from splashes.